



HEARTBREAK HILL STRIDERS RUNNING CLUB

GUEST WAIVER

Guest Name: _____

Event Name: _____

Event Date: ___/___/___

I understand that participating in and volunteering to help with running workouts and/or races is potentially hazardous. I understand that I should not enter and run in or volunteer to help with these activities unless I am medically able and properly trained.

I assume all risks associated with running, participating in and/or volunteering with the Heartbreak Hill Striders including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the conditions of the road and traffic on the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of the opportunity to run, participate or volunteer with the Heartbreak Hill Striders, I, for myself and anyone entitled to act on my behalf, waive and release all sponsors, the Heartbreak Hill Striders and all of the club's directors, members, agents, employees and/or contractors, and their representatives and successors, from all claims or liabilities of any kind arising out of my participation in the club activity identified above, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: ___/___/___